



Office of John G. Mendiburu, Ed.D.
Kern County Superintendent of Schools
Advocates for Children

KEEP Packing List

Safety Items:

Required: Pre-Trip Health Screening Form (turn in the morning of departure)

Required: Refillable water bottle

Optional: 10 masks (2/day). Hand sanitizer, small bottle

Luggage:

Duffel bag preferred. Maximum size of bag is 9" x 14" x 22" = 45".

Essential Items:

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| 1 warm (to 40°) sleeping bag & pillow | 1 warm hat/beanie |
| 1 pair pajamas | 1 bag for dirty clothes |
| 2 pairs of shoes (tennis shoes or hiking boots;
no sandals, snow boots, or "Uggs") | 1 reusable water bottle |
| 6 pairs of long socks (no ankle socks) | 1 flashlight |
| 4 pairs of pants or sweats (no shorts) Ripped
or "distressed" jeans with holes in them are
not recommended, they allow access for
ticks and poison oak. | 1 toilet kit to include: |
| 1 warm jacket (for very cold nights) | - comb/brush |
| 2 sweat shirts/hoodies | - bath towel/wash cloth |
| 5 shirts | - shampoo/conditioner |
| 7 pairs of underwear | - toothbrush/toothpaste |
| 1 sun hat | - chapstick |
| | - soap |
| | - deodorant |
| | - Kleenex |

Rainy Forecast:

Poncho or raincoat and extra dry shirts, pants, socks and shoes to change into.

Optional Items:

Backpack, binoculars, sun glasses, camera, flip-flops (for shower), and earplugs (if you are a light sleeper).

Souvenirs:

Place your order for KEEP Merchandise before your visit. Turn in exact change and completed order form to your teacher. See www.campkeep.org for merchandise information.

Please do not bring:

Money, cell phones, shorts, scary books, pocket knives, electronic games, music players, matches or lighters, blow dryers, make-up, anything scented (hair spray, lotion, perfume), candy, gum, extra food or any other item that is not allowed at school.

New clothes are impossible to keep clean at camp. Please bring only those clothes and shoes that you are comfortable getting muddy. We can guarantee they will! Labeling clothes with student's name is recommended.